

BRIDGES TO CHANGE

**ANNUAL
REPORT
2024**





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HEALTH AND HOUSING FOR ALL



ABOUT OUR WORK





MISSION

We provide housing to those who need it most.

We support recovery through the lens of lived experience.

We promote well-being through behavioral health care.

We advocate for those who systems have ignored.

VALUES



COMPASSION



EQUITY



INCLUSION



INTEGRITY



TRANSPARENCY





CELEBRATING 20 YEARS

In 2004, Chuck and Joann Simpson founded Bridges to Change with a simple yet powerful vision: to fill a gap for people returning to our communities after incarceration. What began as a small reentry program rooted in compassion and second chances has grown into one of Oregon's leading organizations in housing, peer support, and behavioral health care.

For twenty years, Bridges to Change has stood alongside individuals and families as they navigate recovery, rebuild their lives, and reconnect with community. Our work reaches beyond regions. It reaches into homes, families, and generations, helping to interrupt cycles of addiction, trauma, and disconnection. We are proud to have walked beside thousands of community members as they've built lives of purpose, stability, and hope.

As we celebrate this milestone, we also look ahead with gratitude for where we've been and excitement for what's to come. The next 20 years will be shaped by our continued commitment to innovation, equity, and compassionate care. Together, we will strengthen our impact, deepen our relationships, and ensure that recovery, housing, and health are accessible to all.

Here's to twenty years of courage, connection, and change—and to the decades of transformation still ahead!

BOARD MESSAGE



This year marked an important period of transition and renewal for Bridges to Change. With gratitude and deep optimism for the future, the Board of Directors undertook a thoughtful search for a new Chief Executive Officer who would guide BTC into its next chapter with vision, stability, and heart.

In 2024, we were proud to welcome Dr. Hannah Studer as our new CEO! Her leadership reflects the strength, resilience, and shared purpose that define our work. Throughout the transition, our Board and staff have remained steadfast in our commitment to BTC's mission and our vision of health and housing for all.

This change has also been an opportunity to reaffirm who we are and how we lead. As a Board, we are committed to living our values—compassion, equity, inclusion, integrity, and transparency—in every decision we make and every partnership we nurture. These values are not simply words on paper; they are the foundation of trust within our organization and the promise we hold to the people and communities we serve.

We are deeply grateful to our staff, participants, partners, and supporters who continue to believe in our mission and advance the work of recovery, housing stability, and opportunity. Together, we move forward; stronger, more connected, and more determined than ever to create a world where everyone has the support they need to thrive.

— Bridges to Change Board of Directors





INTRODUCING OUR NEW CEO!

It is an incredible honor to step into the role of Chief Executive Officer after six years of leadership within Bridges to Change. Over the years, I have witnessed the power of our mission in action; the compassion of our staff, the courage of those we serve, and the steadfast belief that recovery, housing, and wellness are possible for everyone. I am deeply grateful for the opportunity to continue this work alongside such a dedicated and passionate community.

My passion for this work comes from a profound belief in what BTC represents: hope, social justice, and possibility. As we look ahead, my vision is clear: for Bridges to Change to be a recognized leader in recovery, housing, and behavioral health care across Oregon. We will achieve this by staying grounded in our values of compassion, equity, inclusion, integrity, and transparency. These values not only guide how we serve our participants, but also how we care for one another as a team and a community.

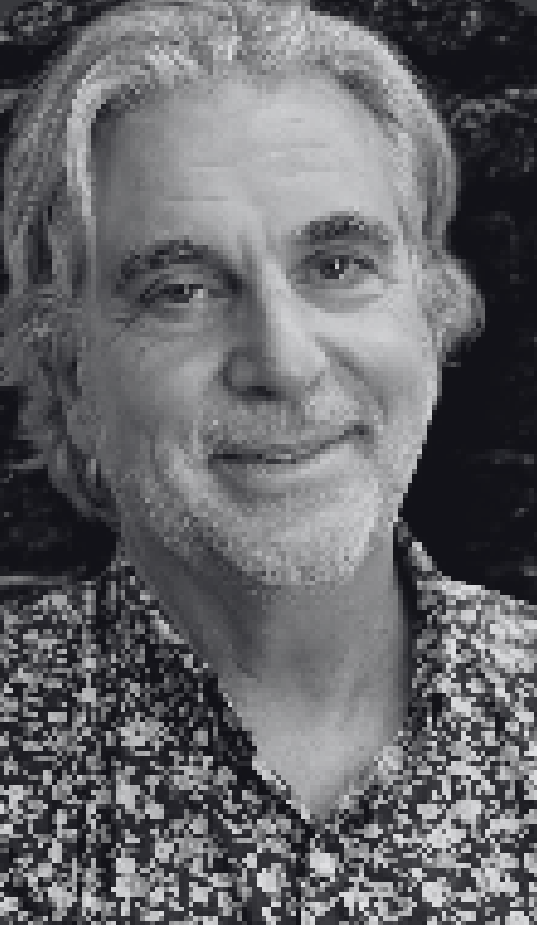


As we move into 2025, our focus will be on building a supportive and innovative organizational culture, enhancing trust, and strengthening our internal systems and processes. These investments are essential as we navigate a new and evolving funding landscape. Bridges to Change is ready to embrace change, to stand up for what we believe in, and to continue centering the voices and needs of our community in everything we do.

Together, we will keep growing, learning, and leading with purpose - creating pathways to health and housing for all.

With gratitude and commitment,

Dr. Hannah Studer, DSW, LCSW, CADAC-II
Chief Executive Officer



OUR MEDICAL DIRECTOR

Hello, I'm Josh Boverman, though most people call me Dr. B. I'm a psychiatrist with over 25 years of experience, and I'm thrilled to have recently joined Bridges to Change as the Medical Director.

My driving motivation has always been to provide accessible, compassionate care to those facing complex mental health and addiction challenges. I believe strongly in the careful, responsible use of medications to support recovery, and I'm a committed advocate for the role that peer support specialists play in offering practical, real-world guidance and encouragement to those we serve. I've seen firsthand how these approaches can empower individuals and truly transform lives, which is why I'm so passionate about the work I do.

That's why I'm excited about Bridges to Change—it's an organization making a real difference by providing meaningful, life-changing services.

As Medical Director at Bridges to Change, my role is to ensure that our policies and procedures provide the highest standard of care, meet legal and regulatory requirements, and continually improve through quality assurance processes. I'm dedicated to expanding access to effective, carefully managed medication options and strengthening our use of peer support specialists who provide invaluable firsthand insights and encouragement to those in recovery. I'll also be involved in reviewing critical incidents to help us learn and grow as an organization.

I'm eager to connect with as many of you as possible—whether through policy development, quality improvement, or incident reviews. Collaboration is at the heart of effective policy and practice, and I'm looking forward to learning from all of you as we work together to strengthen Bridges to Change.

Here's to the journey ahead!

Dr. Joshua Boverman, MD
Medical Director





GRATITUDE FOR OUR COMMUNITY

At Bridges to Change, we believe that change is not just something that happens: it's something we create together. It represents courage, growth, and the deep belief that tomorrow can be better than today.

To our participants, thank you for your courage to choose change every day. Your resilience and strength inspire everything we do. To our staff, thank you for walking beside others with compassion, integrity, and hope. You embody the values that make our mission come alive. And to our community of supporters, partners, and friends, thank you for your trust, generosity, and commitment to ensuring that recovery, housing, and wellness are within reach for all.

Change takes all of us: those who lead, those who serve, and those who believe. Together, we continue to build a future rooted in connection, opportunity, and the shared vision of health and housing for all.

With heartfelt gratitude,
The Bridges to Change Team





COMMUNITY IMPACT



COMMUNITY NEED

Across Oregon, community members continue to experience increased homelessness, barriers to recovery, and behavioral health needs. We see the impacts of homelessness, substance use, mental health, and isolation across our communities - people living in tents, sleeping bags on the sidewalk, with open wounds, and experiencing crisis after crisis. We also see families being separated by addiction, incarceration, and instability.

At Bridges to Change, with over 80% of our staff having lived experience in homelessness, addiction, incarceration, and mental health conditions, we know the community need firsthand - because we've lived it.



As Oregonians navigate a broken system of care, experience long wait times for housing, and face gaps in treatment services, Bridges to Change addresses these issues each day in our work.

Our work is strengthened by our values, our tailored approach to care, and our belief that health and housing for all is a human right and a just future for our community.

We also know that we cannot do this work alone. Addiction, homelessness, mental health conditions, and incarceration are challenges at the community-level, and they require innovative, strategic, and community-driven approaches.

We will continue to envision health and housing for all - please join us.





93%

of people who self-identified as homeless want housing

17 months

is the average length of time on a housing waitlist

HOUSING CRISIS

Oregon continues to experience high rates of homelessness compared to the national average. Over the years, Oregon has seen growing rates of children, elders, and people with disabilities who experience homelessness and housing instability. While shelter beds are increasing across the state, Oregonians continue to experience gaps in holistic and comprehensive care to meet their needs.

- Between 2020-2023 **Oregon was the second-leading state** in its increase of individuals experiencing chronic homelessness (HUD, 2023).
- Over **22,000 K-12 grade students** experienced homelessness in year 2023-2024 in Oregon (PSU, 2024)
- Unsheltered homelessness increased from 2023-2024 by 16%, with **8,403 people experiencing unsheltered homelessness during the 2024 PIT count** (PSU, 2024).
- To meet the housing need, **100,000 more housing units are needed**, with 50,000 of those units needed to address individuals experiencing homelessness (PSU, 2024).
- **Ninety-three percent of individuals** who self-identified as homeless said they **wanted housing** (RIT, 2024).
- The average length of time on a **housing waitlist is over 17 months** (RIT, 2024).



49%

gap in available
substance use
disorder services

ACCESS TO BEHAVIORAL HEALTH SERVICES

Across Oregon, community members are reaching out for support and experiencing long wait times, insufficient levels of care, and turnover or gaps in the types of behavioral health providers they need. Rural communities and those with Medicaid benefits experience the worst outcomes, with disproportionate gaps in care and lack of transportation and technology resources to support their access to treatment.

- Oregon ranks #2 for the highest rate of mental health conditions among the states, at 27.33% (909,000 people).
- In 2024, there was a 49% gap in substance use disorder services to meet the need of Oregonians.
- Over half of Oregon substance use disorder providers reported lack of capacity to meet all the service request they receive.
- Gaps in technology and transportation continue to be significant drivers of lack of access to substance use disorder services.
- OHSU (2024) found that violent crime, high alcohol density rates, and social isolation as the primary drivers of substance use in Oregon.
- Qualified Mental Health Professionals (QMHP's) were the largest provider gap with 93% more providers needed to meet the behavioral health needs in Oregon.
- Recovery Community Centers were shown to be the highest need, with a 94% increase in community spaces needed to meet the needs.

(OHSU, 2024)

WORKFORCE GAPS

According to an Oregon Behavioral Health Workforce Talent Assessment, all Oregon counties experienced significant shortages in qualified providers, with rural counties and Medicaid populations seeing the highest rates of workforce shortages.

The Health Resources and Services Administration projects that by 2030, Oregon will need 114% more Substance Use and Addiction Providers to meet the state need.

Sixty-seven percent of the highest demand behavioral health professionals surveyed reported that they intended to quit their job in the next month, creating a dire situation.

(AHP,2024)

Oregon workforce
gaps include:

93%

Qualified Mental
Health
Professionals

86%

Qualified Mental
Health
Associates

41%

Certified
Alcohol and
Drug
Counselors

28%

Certified
Recovery
Mentors





BRIDGES TO CHANGE: TAKING ACTION

At Bridges to Change, we take a multifaceted approach to complex issues of homelessness, substance use, and behavioral health needs. With over 400 beds of recovery housing, we have expanded access to low-barrier housing, creating new beginnings and hope for community members who need support.

Our behavioral health treatment, including substance use disorder and mental health care, serves Multnomah, Clackamas, and Washington counties, and provides unique and individualized care to participants. Our treatment participants not only have access to providers who understand their needs, they have recovery housing and peer support to fortify their engagement during the recovery process.

Our peer providers receive intensive training as Peer Wellness Specialists, and center all participant interactions through choice, compassion, and encouragement. Our peers understand what it is like to navigate recovery in our community, because they've done it.

As we navigate the behavioral health workforce shortages and increasing needs across our community, Bridges to Change continues to invest in workforce training. We launched our Peer Wellness Specialist training, providing comprehensive training to our staff and community. Additionally, we continue to be a preferred site for student interns, partnering with over 9 schools and universities.

We know this work matters, and we matter to this work!

9+

schools and
universities partner for
intern placements

Peer
Wellness
Training

400+

beds of recovery
housing available to
Oregonians at BTC



OUR APPROACH

Housing Services

- We provide a range of housing services including low-barrier, stabilization, probation, mental health, treatment, parents and children, and rental.
- Our housing services are designed to meet the needs at varying stages of recovery, ensuring that when needs change, each person has a safe place to live.

Treatment Services

- We provide 0.5 Early Intervention, 1.0 Outpatient, and 2.1 Intensive Outpatient substance use disorder treatment in Multnomah, Clackamas, and Washington counties.
- Our treatment services include integrated mental health treatment, ensuring that all participants have their unique recovery needs met and supported.

Peer Services

- We ensure that each participant is matched with a peer provider that aligns with their recovery goals and needs. Participants and peers complete an Individual Support Plan to establish recovery goals and supports.
- All of our programs include peer support, because we know that sharing lived experience is often the first point of connection, trust, and rapport.

Workforce Training

- As we continue to see and experience the needs of our community, we know that workforce investments are central to our vision of health and housing for all.
- We provide comprehensive peer certification trainings, substance use disorder counseling internships, mental health counseling internships, macro social work internships, and much more. Because investing in our future is our path forward!

SERVICE IMPACT

In 2024, Bridges to Change continued to focus on building and expanding low-barrier services and connections to treatment services. We provided nearly 10,000 more services to Oregonians than the previous year, demonstrating increased engagement, service retention, and care coordination.

78,152

total number of
services provided
to Oregonians

Bridges to Change continues to innovate in the recovery housing space, expand treatment options, and commit to highly skilled peer-deliverer care. At Bridges to Change, we know that recovery begins with connection, and our service impact shows that connection is the catalyst for change.

4,445	60,043	13,703	4,406
Oregonians served by BTC in 2024	peer services were provided to community members	clinical services provided across BTC programming	housing retention interventions provided



RECOVERY ACCESS CENTER

BTC’s Recovery Access Center opened January 1st, 2024, and has a 25-bed capacity for community members seeking 30 days of short-term stabilization housing. This one-of-a-kind program in Gresham opens the doors to community members who want support in taking the next steps toward stability. During the day, the RAC converts to a drop-in recovery center, providing meals, showers, case management, and more.

146

people served at the
Recovery Access
Center

42%

of individuals
transitioned into other
BTC services

22

days was the
average length of
stay at the RAC

3,746

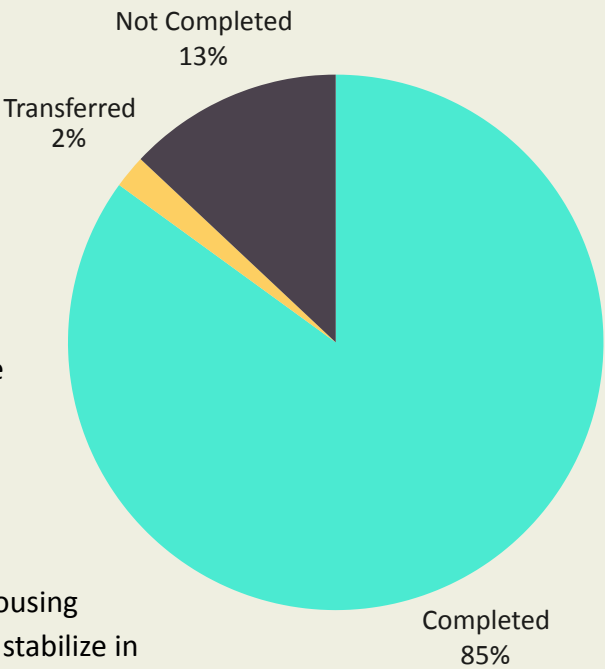
peer services
provided to RAC
participants

Unlike many programs across the state, the RAC has no sobriety requirements, making connection and support the primary goal.

The program offers short-term housing support as community members stabilize in their recovery and/or wellness journey, and facilitates referrals to longer-term housing and other types of care.

The Recovery Access Center provides two meals per day to housing residents, with daily peer support groups, and ongoing referral coordination throughout their stay.

Bridging the gap between sober housing and shelter services, the RAC offers a unique model that meets people at their readiness level for change. In partnership with the City of Gresham, the RAC combines low-barrier engagement with rapid access to housing care.



“

I’m going to miss this place...you guys were great, and now I’m achieving what’s important and moving on.

HOUSING SERVICES

Bridges to Change housing services offer a continuum of over 450 transitional recovery housing beds for adults experiencing a broad range of service needs.

- Our Phase 1 housing models provide low-barrier housing to individuals experiencing acute substance use and/or behavioral health instability.
- Our Phase 2 housing models provide more structured program support to individuals who are ready for treatment and service engagement.
- Our Phase 3 housing models provide longer-term rental and transitional care planning for individuals who may not yet be ready to live independently.

1558

people had a safe place to live in BTC housing services

43%

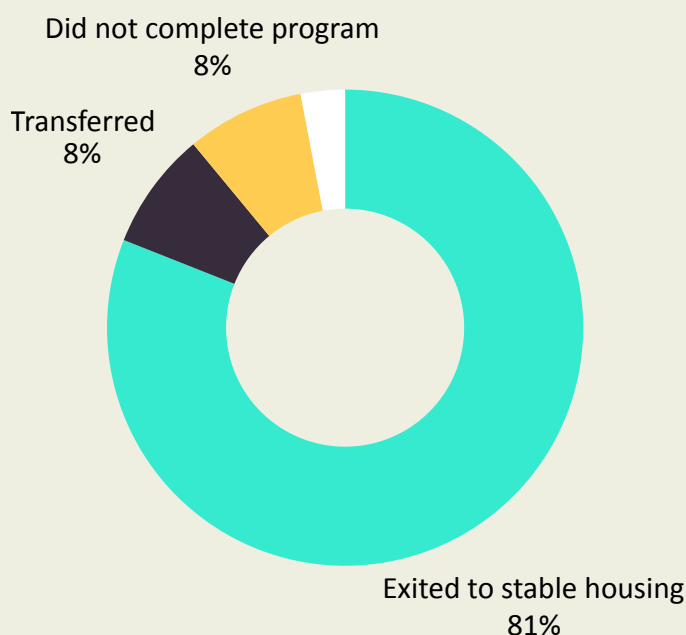
of individuals housed with BTC were in low-barrier or Phase 1 programs

227

people in Phase 1 programs transitioned into other BTC services

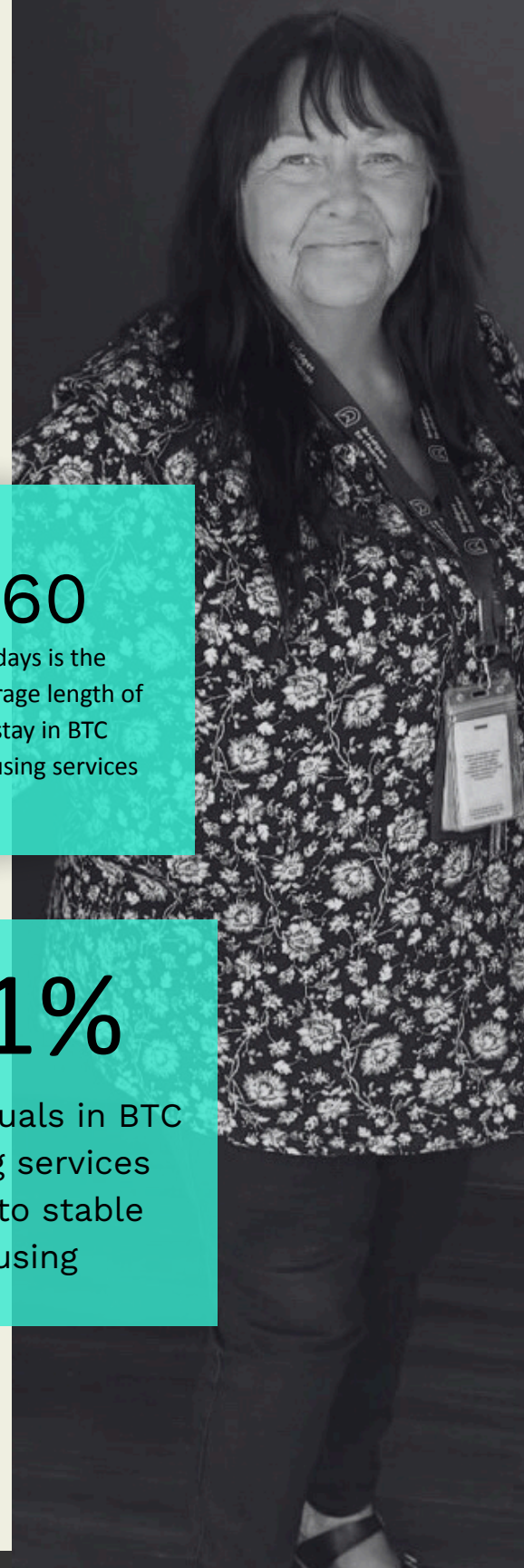
60

days is the average length of stay in BTC housing services



81%

of individuals in BTC housing services exited to stable housing





TREATMENT SERVICES

836

people engaged in
treatment services

74%

of clients in BTC
mental health
treatment also
experienced a
substance use disorder

102

days is the average
length of stay in
treatment services

297

individuals were served
by our Mobile
Behavioral Health Team

71%

of our participants were
diagnosed with
stimulant use disorder
at intake

Bridges to Change offers substance use disorder, mental health, and co-occurring treatment services in Multnomah, Clackamas, and Washington counties.

Our clinical team supports clients across the care continuum, ensuring comprehensive co-occurring treatment that meets them where they are at. Every service provided is evidenced-based, values-aligned, and designed in collaboration with those we serve.

In alignment with our internal multidisciplinary team and external community partners, BTC clinical teams continue to prioritize complex client care and those who are impacted by multiple systems through individual, group, and community-based treatment options.



It feels like
home when
you walk in

HOUSING + TREATMENT

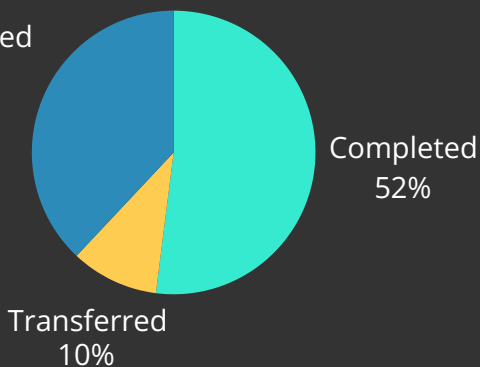
At Bridges to Change, we know that housing is vital to wellbeing, safety, and recovery. As our organization continues to expand innovative and unique housing models, we always aim to improve outcomes for those in our care.

In 2024, we strengthened our efforts for care coordination to ensure that each person has their unique needs met. We found that individuals engaged in both treatment and housing services experienced a 17% increase in program completion.

This increase demonstrates that support matters. Support is built through trust, relationship, and the hope that recovery is possible.

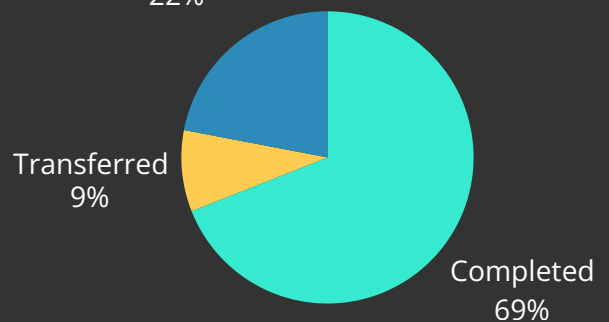
HOUSING ONLY

Not Completed
38%



HOUSING + TREATMENT

Not Completed
22%



PEER SERVICES

20 years ago, Bridges to Change was founded on the belief that those with lived experience of addiction, mental health conditions, incarceration, and homelessness understand how to walk alongside those seeking a path toward healing. Today, BTC is one of Oregon's largest peer provider agencies, specializing in housing, treatment services, and low-barrier care.

Our commitment to our community is reflected in the incredible representation and leadership of those with direct experience in the systems we seek to improve. We know that each person's experience is unique, just like recovery.

Bridges to Change centers lived-experience as a core feature of who we are. Our peer providers understand where our participants have been, because they have been there too.

100%

of our peer providers have lived experience with addiction, mental health, incarceration, or homelessness

2051

people engaged in peer services

80

days is the average length duration of a peer program

58

is the average number of unique peer services provided to each participant

61,639

hours were spent providing peer services across BTC programs



My peer showed me that there is a way for men with an extensive criminal background to become a productive, pro-social member of society.

REENTRY SERVICES

20

years of providing service and care to Oregon's returning community members

130+

beds of BTC housing dedicated to individual's exiting from prison or jail

25

peer providers who specialize in reentry care and transition services

Prison reentry services are the ethos of Bridges to Change. For 20 years, we have specialized in reentry peer support and housing services, being one of the first organizations to do so in Oregon. Our passion for reentry care goes beyond need.

It is rooted in the belief and experience that support and care during the reentry process can change lives, families, and communities.

For 20 years, we have supported thousands of Oregonians on their reentry journey. Through the excitement, fear, growth, reunification, and change, we have been there advocating and supporting. Our peers meet participants at the gate, building trust from the moment an individual returns home.

Reentry from prison or jail offers a new start, change, and an opportunity to start over. Bridges to Change continues to center reentry care in all that we do, because for 20 years, we've lived the change.

1/20th

of Oregon's prison population were released to BTC's reentry services in 2024

What are reentry services?

- Housing
- Peer support
- Transportation
- Case management
- Treatment services
- Employment support
- PO support
- Family services
- Resources
- Groups
- Medication support
- Transition planning

DROP-IN SERVICES

Drop-in peer and recovery services are a critical part of the work we do at Bridges to Change. We know that recovery a non-linear process, and that when people want or need support, they need it right away. Our approach centers low-barrier opportunities to build relationships by offering important services without a program commitment or requirement.

Through our drop-in services at Club Hope and the Recovery Access Center day program, we're able to connect with community members by providing basic needs support, a warm place to relax, and a hot meal.

Our drop-in recovery peers build relationships with community members, so that when or if they are ready for housing or recovery, we're ready to meet them right then, right there.

Drop-in services are more than just a shower, meal, or laundry - they are what connect us as people and community. Our teams understand what it's like to be on the streets, because many of us have been there too. With the support of our partners, donors, and funders, we're able to keep our drop-in services operating to meet the needs of our community.

2,252

connections to
resources made
through drop-in
support

642

times community
members utilized
our clothing
closet

1,912

hot meals
provided to
individuals at Club
Hope

7,174

drop-in services
provided at Club Hope

1,542

hours spent prepping
meals for community
members

800

loads of laundry for
people who live on
the streets

1,526

showers provided to
community members



“I felt very
understood.”
-BTC Alumni

PARTICIPANT & ALUMNI VOICE

At Bridges to Change, we believe that feedback is essential to how we operate and live our values. Each quarter, we survey participants and alumni about their experience in our services - because without feedback, we can't grow, change, or adapt our services to meet the needs of our community.

“

Living in a Bridges to Change house with a roommate + others dealing with addiction and learning to live sober, I see and believe that each of us are met wherever we are at individually. The staff at Bridges are a team and can address each of our needs individually. I am and will forever be grateful for my mentor, my counselors, instructors + staff in the program.

- BTC Alumni

”

“

I have been to several treatment centers and I most impressed with the Bridges to Change Program. Clients are provided a different staff member who can address each of our specific needs. Staff works together as a team and truly have our best interest at heart. My mentor, my MH counselor, my SUDS counselor and my class instructors create a very tight support system and make themselves available as things in our life come up. I am forever grateful to be a part of this program.

-BTC Participant

”

“Everyone from Bridges to Changes goes above and beyond to provide resources and access to services.”

-BTC Participant



FINANCIAL REPORT



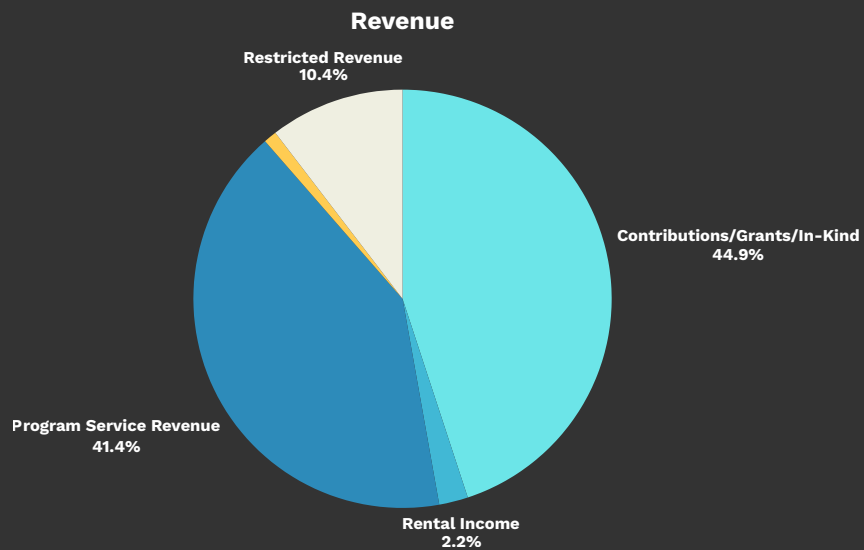


2024 FINANCIALS

Bridges to Change ended fiscal year 2024 with \$16.5 million in revenue and \$14.4 in expenses. Program Services represent 83% of our expense budget, which are funded through Grants and Contracts, representing 86% of organizational revenue. The organization had \$1.9 million in deferred revenue in the form of a pre-paid grant, to be spent in fiscal year 2025 to open and operate a new program. Our fundraising costs increased from the previous year, primarily due to increasing staffing associated with fundraising and development. Fiscal year 2024 concluded with \$186,651 in unrestricted surplus.

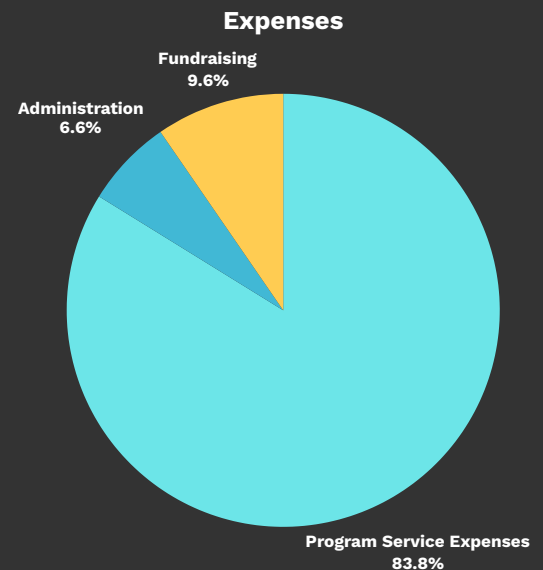
Revenue

Contributions/Grants/In-Kind	\$8,305,926
Program Service Revenue/Contracts	\$7,649,011
Other Revenue	\$186,651
Restricted/Deferred Revenue	(\$1,922,982)
Total Revenue	\$16,555,503



Expenses

Program Service Expenses	\$12,107,380
Administration/General Management	\$952,545
Fundraising	\$1,385,945
Total Expenses	\$14,445,870





NAVIGATING THE FUNDING LANDSCAPE

The year 2024 brought continued financial strain across the nonprofit sector. Reduced tax revenue has limited public funding for essential services, while uncertainty at the federal level, particularly around housing and recovery programs, has made long-term planning more challenging. Projected changes to Medicaid, ongoing inflation, and rising operational costs have further stretched systems already under pressure.

At the same time, community need has increased. More people are seeking stable housing, mental health support, and pathways to recovery, often with fewer resources available to meet that demand.

In response, Bridges to Change is leaning into long-term, sustainable solutions. We are strengthening financial diversification, growing community-based support, and building greater independence from any single funding source. These strategies allow us to remain responsive, mission-centered, and accountable: ensuring that your generosity, support, and partnership translates into lasting impact, even amid uncertainty.





COMMUNITY SUPPORT





THANK YOU TO OUR DONORS

In 2024, our Bridges to Change community turned generosity into real, tangible change for people rebuilding their lives after addiction, incarceration, and homelessness.

Community Generosity at Work

Across the year, Bridges to Change received 186 financial gifts totaling \$55,508.71, along with 18 in-kind donations valued at \$89,614.54.

These resources showed up as warm coats and gloves during freezing mornings, hygiene kits and basic clothing for folks arriving with almost nothing, and flexible dollars that staff could use to prevent a missed rent payment, purchase work boots for a new job, or cover a bus pass so someone could keep a crucial appointment.

Because of this support, participants were able to enter housing and treatment with the support they need, instead of shame. Staff consistently reported that having these basic items on hand reduced anxiety, helped people stay engaged in services, and made it easier for our participants to focus on recovery goals rather than survival needs.

We thank our generous donors and supporters! We could not do this work without you!

HONORING OUR VOLUNTEERS

This year also marked the launch of the Community Volunteer Program, which gave neighbors new ways to support our participants directly. Volunteers completed 12 projects, with teams of 6–13 volunteers spending 3–5 hours at each event—contributing well over 200 hours of service in total.

For the people we serve, these experiences were more than classes or chores. A cleaned-up yard signaled that the community cared about the homes they were trying to maintain.

Alumni events reminded participants that they were not alone. And financial literacy workshops gave individuals concrete tools to manage money in ways that support long-term housing stability and recovery. Several participants shared that this was the first time anyone had sat down with them to talk about money without judgment.

Thank you volunteers! Your support changes lives!

200

hours of
volunteer service

12

volunteer
projects





PDX RECOVERY FILM FESTIVAL

The PDX Recovery Film Festival brought more than 180 community members together for an evening centered on connection, storytelling, and hope.

Guests experienced a powerful lineup of films created by people with lived experience of addiction and recovery—stories told with honesty, courage, and care. Each film offered a distinct window into the many paths of healing, highlighting themes of family reunification, harm reduction, reentry after incarceration, and the sustained commitment required for long-term change.

The films invited reflection, conversation, and collective understanding. They challenged stigma, elevated voices too often left unheard, and reminded us that recovery is not a single moment, but a deeply human process shaped by community, access to care, and belonging.

Alongside the film screenings, ten community partners joined us to host a Recovery Resource Fair, creating space for immediate connection to care. Attendees and participants were able to engage directly with organizations offering treatment services, housing support, peer recovery resources, and mental health care—bridging storytelling with tangible pathways to support.

Experiencing these narratives while surrounded by accessible, welcoming resources reinforced a powerful message: recovery is possible, support is available, and no one has to navigate the journey alone.



LOOKING AHEAD





OUR FOCUS & FUTURE

At Bridges to Change, our work is grounded in the belief that lasting change happens through relationship, dignity, and community-rooted solutions. Our focus reflects both the urgent needs we see every day and the long-term systems change required to support stability and belonging.

Strengthening Families and Breaking Cycles

- We work to strengthen and reunite families, interrupting cycles of addiction, homelessness, and disconnection. By centering healing, compassion, and support, we help individuals and families build pathways toward long-term stability.

Expanding Behavioral Health Services

- We are increasing access to behavioral health treatment by expanding service options and reducing barriers to care. Our goal is to meet people where they are with responsive, trauma-informed, and culturally grounded supports.

Strengthening Operations and Programs

- We continue to improve our internal operations and fortify our programs to ensure quality, consistency, and sustainability. Strong systems allow us to be effective stewards of resources and reliable partners to the community.

Investing in Our Workforce

- Our staff are central to our impact. We invest in training, leadership development, and internship opportunities to build a skilled, supported, and values-aligned workforce—today and into the future.

Deepening Community Connection

- We prioritize direct connection with our community by building partnerships, collaborating across sectors, and engaging people where they are. These relationships ensure our work remains responsive, relevant, and rooted in lived experience.

Leading with Values

- Across all areas of our work, we are guided by our core values of compassion, equity, inclusion, integrity, and transparency. These values shape how we make decisions, hold accountability, and show up for the people and communities we serve.

HOW YOU CAN HELP

Building pathways to stability, dignity, and belonging takes all of us. Whether you give your time, resources, or voice, your involvement strengthens our ability to meet people where they are and walk alongside them toward lasting change.

Give:

Your financial support directly sustains BTC's housing, mental health, and reentry services.

- Make a one-time or monthly donation to provide consistent, life-affirming care.
- Become a monthly sustainer to help us plan responsibly and respond quickly to community needs.
- Make a leadership or legacy gift to invest in long-term systems change and organizational stability.
- Ask your employer about matching gifts to double your impact.

Volunteer:

Volunteers help turn our mission into lived experience.

- Support property upkeep, painting, yard work, and move-in preparation at our homes.
- Assist with community meals, events, and seasonal projects.
- Share professional skills (administrative, communications, training, or facilitation) to strengthen our infrastructure.

Donate Goods:

In-kind donations help create safe, welcoming spaces.

- Contribute household items, furniture, linens, and supplies for residents transitioning into housing.
- Donate seasonal or emergency items such as tarps, hygiene kits, or weather-related supplies.
- (Please check current needs before donating to ensure items align with program capacity.)





YOUR SUPPORT MATTERS

Your support for Bridges to Change can take many forms. We need community members, like you, to support and sustain our work, especially now. Consider ways you can show up for BTC by partnering, advocating, and sharing our vision of health and housing for all.

Partner

We believe collaboration is essential to community change.

- Explore corporate or organizational partnerships that align with shared values.
- Sponsor programs, events, or community initiatives.
- Invite BTC to train or consult on equity-centered, trauma-informed, and anti-oppressive practices.

Advocate

Your voice helps shape systems that impact the people we serve.

- Stay informed about local and state policy issues affecting housing, behavioral health, and reentry.
- Share BTC's work with your networks and help amplify community-driven solutions.
- Engage in conversations that challenge stigma and promote dignity and inclusion.

Stay Connected

Change grows through relationship.

- Sign up for our newsletter and follow us on social media.
- Attend BTC events and community gatherings.
- Share our mission with friends, family, and colleagues.

Together, we are building bridges to change—grounded in compassion, equity, and the belief that everyone deserves the opportunity to thrive.





TO ANOTHER 20 YEARS

As we celebrate twenty years of Bridges to Change, our hearts are full of gratitude for the people and communities of Oregon who have walked this journey with us. From our earliest days helping people return home from incarceration to becoming a statewide leader in recovery, housing, and behavioral health care, every step of our story has been written alongside you.

Oregon is home to resilient, compassionate people who believe in second chances and in standing together when times are hard. It's that spirit, our spirit, that fuels this work and keeps us moving forward.

As we look to the next twenty years, we see a future where Bridges to Change continues to be a place of belonging and hope, where every person has a safe place to live, the support to heal, and the opportunity to thrive. We will keep growing, innovating, and advocating, guided by our values and by the belief that change, when rooted in community, can transform lives.

To all who have trusted us, partnered with us, and believed in this mission: thank you! The next chapter of Bridges to Change will be built on your courage, your compassion, and your commitment to Oregon's communities. Here's to the next twenty years of healing, hope, and heart—right here at home.

